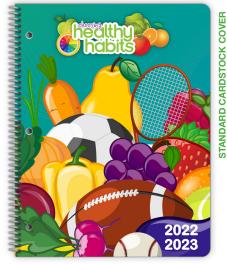
CHOOSING HEALTHY HABITS MIDDLE

CHOOSING HEALTHY HABITS not only helps students stay organized, but encourages healthy habits through daily health-related activities at school, home, and in their communities. This planner qualifies for SNAP-Ed funds.





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WEEKLY FEATURES INCLUDE

Vertical Layout • Overview Calendar • Bell Work Activity Take Home Activity • Technology Activity • Eating & Activity Logs Goal Check-In • Weekly Challenges • Hall Passes

HEALTH RESOURCES:

USDA MyPlate, Physical Activity Pyramid, Food Labels, & more!

EDUCATIONAL RESOURCES:

Life Skills, Language Arts, Math, Science, Maps, a Sticker Page, & more!

SNAP-ED DOLLARS:

Field tested and used successfully in SNAP-Ed schools.









