

MY HEALTHY YEAR MID/HIGH

AS LOW AS
\$2.95

MY HEALTHY YEAR helps students stay organized while keeping track of schoolwork as well as the healthy choices they make daily, weekly, and monthly. Students are encouraged to make healthy lifestyle choices at school, at home, and in their communities while learning to form healthy habits each month.

Grades 6-12 8.5" x 11"

Date range 7/3/2023 - 6/30/2024



144

FULL-COLOR PAGES

104

WEEKLY PAGES

24

MONTHLY PAGES

0

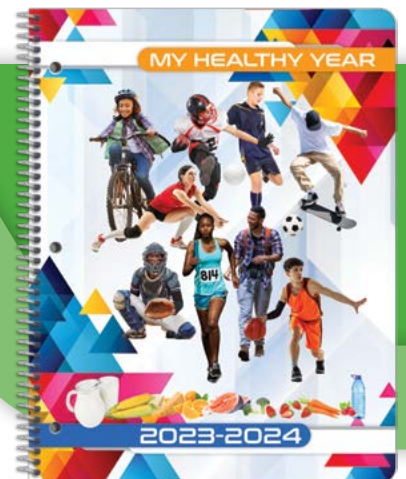
HALL PASS PAGES

WEEKLY FEATURES INCLUDE

Vertical Layout • Weekly Goals • Daily Activity Tracker
Water Intake Tracker • Food Tracker • Daily Hall Pass
Reflection Questions • Healthy Facts • Subject Headings

“ Thanks again! It’s been a pleasure working with you and School Datebooks. ”

DELAHUNTY MIDDLE SCHOOL



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